



# Aquatic Schedule

## CURRENT Winter 2024 HOURS

| MONDAY         | Lane 1                   | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|----------------|--------------------------|--------|--------|----------|--------|--------|
| 5:50-8:30 AM   | Lap Lane Swim            |        |        |          |        |        |
| 8:30-9:30 AM   | Aquacise & Deep End Swim |        |        |          |        |        |
| 9:30-10:00 AM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 10:00-11:00 AM | CLOSED                   |        |        |          |        |        |
| 11:00-12:00 PM |                          |        |        |          |        |        |
| 12:00-1:00 PM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 1:00-4:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 4:00-5:00 PM   | Swim Team                |        |        |          |        |        |
| 5:00-6:00 PM   | Swim Team & Programming  |        |        |          |        |        |
| 6:00-8:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |

| THURSDAY       | Lane 1                   | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|----------------|--------------------------|--------|--------|----------|--------|--------|
| 5:50-8:30 AM   | Lap Lane Swim            |        |        |          |        |        |
| 8:30-9:30 AM   | Aquacise & Deep End Swim |        |        |          |        |        |
| 9:30-10:00 AM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 10:00-11:00 AM | CLOSED                   |        |        |          |        |        |
| 11:00-12:00 PM |                          |        |        |          |        |        |
| 12:00-1:00 PM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 1:00-4:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 4:00-5:00 PM   | Swim Team                |        |        |          |        |        |
| 5:00-6:00 PM   | Swim Team & Programming  |        |        |          |        |        |
| 6:00-8:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |

| TUESDAY        | Lane 1                   | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|----------------|--------------------------|--------|--------|----------|--------|--------|
| 5:50-8:30 AM   | Lap Lane Swim            |        |        |          |        |        |
| 8:30-9:30 AM   | Aquacise & Deep End Swim |        |        |          |        |        |
| 9:30-10:00 AM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 10:00-11:00 AM | CLOSED                   |        |        |          |        |        |
| 11:00-12:00 PM |                          |        |        |          |        |        |
| 12:00-1:00 PM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 1:00-4:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 4:00-5:00 PM   | Swim Team                |        |        |          |        |        |
| 5:00-6:00 PM   | Swim Team & Programming  |        |        |          |        |        |
| 6:00-8:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |

| FRIDAY         | Lane 1                   | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|----------------|--------------------------|--------|--------|----------|--------|--------|
| 5:50-8:30 AM   | Lap Lane Swim            |        |        |          |        |        |
| 8:30-9:30 AM   | Aquacise & Deep End Swim |        |        |          |        |        |
| 9:30-10:00 AM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 10:00-11:00 AM | CLOSED                   |        |        |          |        |        |
| 11:00-12:00 PM |                          |        |        |          |        |        |
| 12:00-1:00 PM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 1:00-4:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 4:00-5:00 PM   | Swim Team                |        |        |          |        |        |
| 5:00-6:00 PM   | Swim Team & Programming  |        |        |          |        |        |
| 6:00-8:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |

| WEDNESDAY      | Lane 1                   | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|----------------|--------------------------|--------|--------|----------|--------|--------|
| 5:50-8:30 AM   | Lap Lane Swim            |        |        |          |        |        |
| 8:30-9:30 AM   | Aquacise & Deep End Swim |        |        |          |        |        |
| 9:30-10:00 AM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 10:00-11:00 AM | CLOSED                   |        |        |          |        |        |
| 11:00-12:00 PM |                          |        |        |          |        |        |
| 12:00-1:00 PM  | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 1:00-4:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |
| 4:00-5:00 PM   | Swim Team                |        |        |          |        |        |
| 5:00-6:00 PM   | Swim Team & Programming  |        |        |          |        |        |
| 6:00-8:00 PM   | Lap Lane Swim            |        |        | Rec Swim |        |        |

| SATURDAY        | Lane 1        | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|-----------------|---------------|--------|--------|----------|--------|--------|
| 8:00 AM-4:00 PM | Lap Lane Swim |        |        | Rec Swim |        |        |

| SUNDAY          | Lane 1        | Lane 2 | Lane 3 | Lane 4   | Lane 5 | Lane 6 |
|-----------------|---------------|--------|--------|----------|--------|--------|
| 1:00 PM-4:00 PM | Lap Lane Swim |        |        | Rec Swim |        |        |

Youth Group Swim Lessons: Tuesday & Thursday February-May: 5:10PM & 5:45PM  
Swim Team Meets:will resume in June 2024

**\*\*SCHEDULED SWIM MEETS: (Pool Closes at 4:00 PM)\*\***

|  |  |
|--|--|
|  | Programming/Closed (Lanes/pool are closed) |
|  | Recreational Swim                          |
|  | Lap Lane Swim ONLY                         |
|  | Summer Camp Kids and Recreational Swim     |
|  | Deep End Swimming only                     |
|  | Swim Team Practice (Lanes/pool are closed) |

### AQUATICS AGE GUIDELINES

Children **0-5 years old** must have a parent/guardian in the water.

Children **6-10 years old** must have a parent/guardian in the pool area.  
**\*\*NO Lifejackets (any age) in the Deep End\*\***

Children **11-12 years old** who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.