

Aquatic Schedule updated 11/17/25 CURRENT 2025 HOURS starting 9/29/25 - until 1/31/26

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5 Lane 6	
5:50-8:20AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim		Rec Swim			
10:00-11:00 AM	CLOSED					
11:00-12:00 PM	<u> </u>					
12:00-1:00 PM	Lap	Lane S	wim	Rec Swim		
1:00-2:00 PM	Lap	Lane S	wim	Rec Swim		
2:00-3:00 PM	Lap Lane Swim		Rec Swim			
3:00-4:00 PM	Lap Lane Swim		Rec Swim			
4:00-5:00 PM		YMCA Programming Only			Only	
5:00-5:30 PM	YMCA Programming Only			Only		
5:30-6:15 PM	Lap Lane Swim		Rec Swim			
6:15-7:00 PM	Lap Lane Swim		l	Rec Swim		
7:00-8:00 PM	Lap	Lane S	wim	l	Rec Swim	
TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5 Lane 6	
5:50-8:30 AM			Lap Lar	ne Swim		
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap	Lap Lane Swim		Rec Swim		
10:00 - 11:00 AM	Classel					
11:00- 12:00 PM	Closed					
12:00-1:00 PM	Lap	Lap Lane Swim		Rec Swim		
1:00-1:45 PM	Lap	Lap Lane Swim		Aquacise		
1:45-4:00 PM	Lap	Lap Lane Swim		Rec Swim		
4:00-5:00 PM	YMCA Programming Only			Only		
5:00-5:30 PM	YMCA Programming Only					
5:30-6:15 PM	Lap Lane Swim		YMC	YMCA Programming		
6:15-8:00 PM	Lap	Lane S	wim	Rec Swin	n & Aqua Wipeou	
WEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5 Lane 6	
5:50-8:30 AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim			Swim		
9:30-10:00 AM	Lap Lane Swim Rec Swim		Rec Swim			
10:00-11:00 AM			CL C	SED.		
11:00-12:00 PM	CLOSED					
12:00-1:00 PM						
1:00-1:45 PM	Lap	Lane S	wim	1	Rec Swim	
1:45-4:00 PM						
4:00-5:00 PM	YMCA Programming Only					
5:00-5:30 PM	YMCA Programming Only					
5:30-8:00 PM	Lap	Lap Lane Swim		Rec Swim		

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:50-8:20AM			Lap Lar	ne Swim		
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim			Rec Swim		
10:00-11:00 AM	Closed					
11:00-12:00 PM	Closed					
12:00 - 1:00 PM	Lap	Lane Sv	vim	Rec Swim		
1:00-2:00 PM	Lap Lane Swim			Aquacise		
2:00 - 3:00 PM	Lap	Lane Sv	vim	Rec Swim		
3:00 - 4:00 PM	Lap	Lane Sv	vim	Rec Swim		
4:00 -5:00 PM		YM	CA Progr	amming Only		
5:00-5:30 PM		ΥM	CA Progr	amming (Only	
5:30-6:15 PM	Lap	Lane Sv	vim	YMC	A Progran	nming
6:15-7:00 PM	Lap	Lane Sv	vim	Ac	lua Wipe	out
7:00-8:00 PM	Lap	Lane Sv	vim	I	Rec Swim	า
FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:50-8:30 AM	Lap Lane Swim					
8:30 - 9:30 AM	Aquacise & Deep End Swim					
9:30 - 10:00 AM	Lap Lane Swim		Rec Swim			
10:00-11:00 AM						
11:00 - 12:00 PM	Closed					
12:00-8:00 PM	Lap) Lane Sv	vim		Rec Swim	1
SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
8:00 AM-4:00 PM	Lap) Lane Sv	vim	.1	Rec Swim	1
CUNDAY -	Lauret	I am a C	1	Lawet	Louis D	Laure
SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
4 00 00 4 00 00					.	

SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1:00 PM-4:00 PM	Lap	o Lane Sv	vim	ı	Rec Swim	ı

Youth Group Swim Lessons: Tuesdays and Thursdays 5:00pm to 6:15pm

High School/Middle School Swim Team Meets listed below

SCHEDULED SWIM MEETS (Pool Closes at 4:00 PM): November 3rd, November 10th, November 17th, December 8th, January 12th

	Closed	
	Recreational Swim	
	Lap Lane Swim	
	Summer Camp Kids Swim	
	Aqua classes/Deep End Swimming only	
	YMCA programming only	
Athens-McMinn Family YMCA 423.745.4904		

AQUATICS AGE GUIDELINES

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area. **NO Lifejackets (any age) in the Deep End**

Children 11 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA. 12 year old facility age policy applies to member kids.