



Aquatic Schedule: June/July 2021

Times	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
5:50a-6:30a	Lap Swim					
6:30a-8a	4 Lane Lap Swim	Lap Swim	4 Lane Lap Swim		Lap Swim	
8a-8:30a	Lap Swim	Aquacise	Lap Swim	Aquacise	Lap Swim	
8:30a-9:a	Aquacise		Aquacise		Open Swim	Water HIIT
9-9:30a		Open Swim				
9:30-10a	Open Swim (30 minute time block)				Open Swim	
10a-11a	Programming	Lap Swim	Programming	Lap Swim		
11a-12p	Open Swim + Summer Day Camp Swimming					
12p-1p	Open Swim					
1p-2p	Open Swim + Summer Day Camp Swimming					
2p-3p	Open Swim + Summer Day Camp Swimming					
3p-4p	3 Lane Open Swim	Open Swim	3 Lane Open Swim	Open Swim		
4p-5p	Lap Swim & Programming					
5p-6p	Lap Swim & Programming					
6p-6:45p	Water HIIT @ 615pm, 3 Lane Open Swim	Open Swim *Pool will close for scheduled meets 6/22, 6/29, 7/13, 7/20, 7/27	Open Swim	Water HIIT @ 615pm, 3 Lane Open Swim		
6:45p-7pm	Water HIIT & Programming		3 Lane Open Swim & Programming			
7p-8pm	3 Lane Open Swim & Programming			Open Swim		

