

Aquatic Schedule

CURRENT FALL 2023 HOURS

MONDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	THURSDAY	La
5:50-8:30 AM	Lap Lar	ne Swim	5:50-8:30 AM	
8:30-9:30 AM	Aquacise & D	eep End Swim	8:30-9:30 AM	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	
10:00-11:00 AM	CLO	SED	10:00-11:00 AM	
11:00-12:00 PM	CLO	SED	11:00-12:00 PM	
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	
4:00-5:00 PM	Swim Team	Programming	4:00-5:00 PM	
5:00-6:00 PM	Swim Team Programming		5:00-6:00 PM	
6:00-8:00 PM	Lap Lane Swim	Rec Swim	6:00-8:00 PM	
TUESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	FRIDAY	La
5:50-8:30 AM	Lap Lar	ne Swim	5:50-8:30 AM	
8:30-9:30 AM	Aquacise & D	eep End Swim	8:30-9:30 AM	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	
10:00-11:00 AM	CLO	10:00-11:00 AM		
11:00-12:00 PM	CLO	SED	11:00-12:00 PM	
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM	
1:00-4:00 PM	Lap Lane Swim	Rec Swim	1:00-4:00 PM	
4:00-5:00 PM	Swim Team	Programming	4:00-5:00 PM	
5:00-6:00 PM	Swim Team	Programming	5:00-6:00 PM	
6:00-8:00 PM	Lap Lane Swim	Rec Swim	6:00-8:00 PM	
WEDNESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	SATURDAY	La
5:50-8:30 AM	Lap Lar			
8:30-9:30 AM	Aquacise & D	eep End Swim		
9:30-10:00 AM	Lap Lane Swim	Rec Swim	8:00 AM-4:00 PM	
10:00-11:00 AM	CI O	CLOSED		
11:00-12:00 PM	CLO	SED		
12:00-1:00 PM	Lap Lane Swim	Rec Swim	SUNDAY	La
1:00-4:00 PM	Lap Lane Swim	Rec Swim		
4:00-5:00 PM	Swim Team	Programming	1:00 PM-4:00 PM	
5:00-6:00 PM	Swim Team	Programming	T:00 PM-4:00 PM	
6:00-8:00 PM	Lap Lane Swim	Rec Swim		
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THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
5:50-8:30 AM	Lap Lane Swim							
8:30-9:30 AM	Aquacise & Deep End Swim							
9:30-10:00 AM	Lap	Lap Lane Swim		Rec Swim				
10:00-11:00 AM	CLO			SED.				
11:00-12:00 PM	CLOSED							
12:00-1:00 PM	Lap Lane Swim			Rec Swim				
1:00-4:00 PM	Lap Lane Swim			Rec Swim				
4:00-5:00 PM	Swim Team			Programming				
5:00-6:00 PM	Swim Team			Programming				
6:00-8:00 PM	Lap	Lap Lane Swim		Rec Swim				
FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
5:50-8:30 AM			Lap Lar	ne Swim				
8:30-9:30 AM	Aquacise & Deep End Swim							
9:30-10:00 AM	Lap	Lane Sv	vim		Rec Swin	١		
10:00-11:00 AM	010000							
11:00-12:00 PM	CLOSED							
12:00-1:00 PM	Lap	Lap Lane Swim			Rec Swim			
1:00-4:00 PM	Lap Lane Swim			Rec Swim				
4:00-5:00 PM	Swim Team			Programming				
5:00-6:00 PM	Swim Team			Programming				
6:00-8:00 PM	Lap Lane Swim			Rec Swim				
SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
8:00 AM-4:00 PM	Lap Lane Swim		Rec Swim					
SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
1:00 PM-4:00 PM	Lap	Lane Sv	vim	ı	Rec Swin			

Youth Group Swim Lessons: Tuesday & Thursdays: 5:00pm-5:35pm & 5:35pm-6:05pm High School/Middle School Swim Team Meets: 10/30, 11/20, 12/18, 1/19

SCHEDULED SWIM MEETS: (Pool Closes at 4:00 PM)

Programming/Closed (Lanes/pool are closed)
Recreational Swim
Lap Lane Swim ONLY
Summer Camp Kids and Recreational Swim
Deep End Swimming only
Swim Team Practice (Lanes/pool are closed)

AQUATICS AGE GUIDELINES

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area.

NO Lifejackets (any age) in the Deep End

Children 11-12 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.