

Aquatic Schedule updated 10/7/25

CURRENT 2025 HOURS starting 9/29/25 - until 1/31/26

| MONDAY | Lane 1 Lane 2 Lane 3 | Lane 4 Lane 5 Lane 6 | THURSDAY | La | | |
|----------------|----------------------|----------------------|-----------------|----|--|--|
| 5:50-7:00AM | Lap Lar | ne Swim | 5:50-7:00 AM | | | |
| 7:00-7:45 AM | Lap Lane Swim | Aqua Wipeout | 7:00-7:45 AM | | | |
| 7:45 - 8:30 AM | Lap Lar | ne Swim | 7:45-8:30 AM | | | |
| 8:30-9:30 AM | Aquacise & D | 8:30-9:30 AM | | | | |
| 9:30-10:00 AM | Lap Lane Swim | Rec Swim | 9:30-10:00 AM | | | |
| 10:00-11:00 AM | CI C | ACED. | 10:00-11:00 AM | | | |
| 11:00-12:00 PM | GLC | SED | 11:00-12:00 PM | | | |
| 12:00-1:00 PM | Lap Lane Swim | Rec Swim | 12:00- 1:00 PM | | | |
| 1:00-1:45 PM | Lap Lane Swim | Rec Swim | 1:00-1:45 PM | | | |
| 1:45 - 3:00 PM | Lap Lane Swim | Rec Swim | 1:45 - 3:00 PM | | | |
| 3:00-4:00 PM | Lap Lane Swim | Rec Swim | 3:00 - 4:00 PM | | | |
| 4:00-5:00 PM | YMCA Progr | ramming Only | 4:00 -5:00 PM | | | |
| 5:00-5:30 PM | YMCA Progr | ramming Only | 5:00-5:30 PM | | | |
| 5:30-6:15 PM | Lap Lane Swim | Rec Swim | 5:30-6:15 PM | | | |
| 6:15-7:00 PM | Lap Lane Swim | Aqua Wipeout | 6:15-7:00 PM | | | |
| 7:00-8:00 PM | Lap Lane Swim | Rec Swim | 7:00-8:00 PM | | | |
| TUESDAY | Lane 1 Lane 2 Lane 3 | Lane 4 Lane 5 Lane 6 | FRIDAY | La | | |
| 5:50-8:30 AM | Lap Lar | ne Swim | 5:50-8:30 AM | | | |
| 8:30-9:30 AM | Aquacise & D | eep End Swim | 8:30-9:30 AM | | | |
| 9:30-10:00 AM | Lap Lane Swim | Rec Swim | 9:30-10:00 AM | | | |
| 10:00-11:00 AM | | | 10:00-11:00 AM | | | |
| 11:00-12:00 PM | Clo | sed | 11:00-12:00 PM | | | |
| 12:00-1:00 PM | Lap Lane Swim | Rec Swim | 12:00-1:00 PM | | | |
| 1:00-1:45 PM | Lap Lane Swim | Aquacise | 1:00-1:45 PM | | | |
| 1:45-4:00 PM | Lap Lane Swim | Rec Swim | 1:45-4:00 PM | | | |
| 4:00-5:00 PM | YMCA Progr | amming Only | 4:00-5:00 PM | | | |
| 5:00-5:30 PM | YMCA Progr | ramming Only | 5:00-5:30 PM | | | |
| 5:30-6:15 PM | Lap Lane Swim | YMCA Programming | 5:30-6:15 PM | | | |
| 6:15-8:00 PM | Lap Lane Swim | Rec Swim | 6:15-8:00 PM | | | |
| WEDNESDAY | Lane 1 Lane 2 Lane 3 | Lane 4 Lane 5 Lane 6 | SATURDAY | La | | |
| 5:50-8:30 AM | Lap Lar | ne Swim | | | | |
| 8:30-9:30 AM | Aquacise & D | eep End Swim | 8:00 AM-4:00 PM | | | |
| 9:30-10:00 AM | Lap Lane Swim | Rec Swim | 8:00 AW-4:00 PW | | | |
| 10:00-11:00 AM | CI C | | | | | |
| 11:00-12:00 PM | GLC | SED | | | | |
| 12:00-1:00 PM | | | SUNDAY | La | | |
| 1:00-1:45 PM | Lap Lane Swim | Rec Swim | | | | |
| 1:45-4:00 PM | 1:45-4:00 PM | | | | | |
| 4:00-5:00 PM | YMCA Progr | ramming Only | 1:00 PM-4:00 PM | | | |
| 5:00-5:30 PM | YMCA Progr | ramming Only | | | | |
| 5:30-8:00 PM | Lap Lane Swim | Rec Swim | | | | |
| | | | | | | |

| THURSDAY | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|----------------|-----------------------|---------|------------------|--------------|----------|--------|
| 5:50-7:00 AM | Lap Lane Swim | | | | | |
| 7:00-7:45 AM | Lap | Lane Sv | vim | Aqua Wipeout | | |
| 7:45-8:30 AM | | | Lap Lar | ne Swim | | |
| 8:30-9:30 AM | | Aqua | icise & D | eep End | Swim | |
| 9:30-10:00 AM | Lap | Lane Sv | vim | ı | Rec Swin | า |
| 10:00-11:00 AM | Closed | | | | | |
| 11:00-12:00 PM | | | | | | |
| 12:00- 1:00 PM | Lap Lane Swim | | Rec Swim | | | |
| 1:00-1:45 PM | Lap Lane Swim | | Aquacise | | | |
| 1:45 - 3:00 PM | Lap Lane Swim | | Rec Swim | | | |
| 3:00 - 4:00 PM | Lap Lane Swim | | Rec Swim | | | |
| 4:00 -5:00 PM | YMCA Programming Only | | | | | |
| 5:00-5:30 PM | YMCA Programming Only | | | | | |
| 5:30-6:15 PM | Lap Lane Swim | | YMCA Programming | | | |
| 6:15-7:00 PM | Lap Lane Swim | | Aqua Wipeout | | | |
| 7:00-8:00 PM | Lap Lane Swim | | | Rec Swim | | |

| FRIDAY | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|----------------|--------------------------|---------|--------|----------|----------|--------|
| 5:50-8:30 AM | Lap Lane Swim | | | | | |
| 8:30-9:30 AM | Aquacise & Deep End Swim | | | | | |
| 9:30-10:00 AM | Lap | Lane Sv | vim | Rec Swim | | |
| 10:00-11:00 AM | Closed | | | | | |
| 11:00-12:00 PM | | | | | | |
| 12:00-1:00 PM | | | | | | |
| 1:00-1:45 PM | | | | | | |
| 1:45-4:00 PM | | | | | Rec Swim | |
| 4:00-5:00 PM | Lap | Lane Sv | vim | | | |
| 5:00-5:30 PM | | | | | | |
| 5:30-6:15 PM | | | | | | |
| 6:15-8:00 PM | | | | | | |
| | | | | | | |

| SATURDAY | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-----------------|--------|-----------|--------|--------|----------|--------|
| 8:00 AM-4:00 PM | Lap | o Lane Sv | vim | F | Rec Swin | n |

| SUNDAY | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-----------------|--------|-----------|--------|--------|----------|--------|
| 1:00 PM-4:00 PM | Laŗ |) Lane Sv | vim | ı | Rec Swin | n |

Youth Group Swim Lessons: Tuesdays and Thursdays 5:00pm to 6:15pm

High School/Middle School Swim Team Meets: TBD

SCHEDULED SWIM MEETS (Pool Closes at 4:00 PM): November 3rd, November 17th, December 8th, January 12th

| Closed | AQUATICS AGE GUIDELINES | | | |
|--|---|--|--|--|
| Recreational Swim | AQUATICS AGE GUIDELINES | | | |
| Lap Lane Swim | Children 0-5 years old must have a parent/guardian in the water. | | | |
| Summer Camp Kids Swim | Children 6-10 years old must have a parent/guardian in the pool area. | | | |
| Aqua classes/Deep End Swimming only | **NO Lifejackets (any age) in the Deep End** Children 11 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA. 12 year old facility age policy applies to member kids. | | | |
| YMCA programming only | | | | |
| Athens-McMinn Family YMCA 423.745.4904 | | | | |