

Aquatic Schedule updated 10/7/25

CURRENT 2025 HOURS starting 9/29/25 - until 1/31/26

Lane 3 Lane 4 Lane 5 Lane 6

Aqua Wipeout

Rec Swim

Rec Swim

Aquacise

Rec Swim

Rec Swim

YMCA Programming

Aqua Wipeout

Rec Swim

Rec Swim

Rec Swim

Rec Swim

Rec Swim

Lane 3 Lane 4 Lane 5 Lane 6

Lane 3 Lane 4 Lane 5 Lane 6

Lane 3 Lane 4 Lane 5 Lane 6

MONDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	THURSDAY	Lane 1 Lane 2 Lane 3	Lane 4
5:50-7:00AM	Lap Lar	Lap Lane Swim		Lap La	ne Swim
7:00-7:45 AM	Lap Lane Swim	Aqua Wipeout	7:00-7:45 AM	Lap Lane Swim	Ad
7:45 - 8:30 AM	Lap Lar	ne Swim	7:45-8:30 AM	Lap Lane Swim	
8:30-9:30 AM	Aquacise & Deep End Swim		8:30-9:30 AM	Aquacise & Deep End	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim	
10:00-11:00 AM	01.0055		10:00-11:00 AM	Closed	
11:00-12:00 PM	CLOSED		11:00-12:00 PM	Gio	sed
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00- 1:00 PM	Lap Lane Swim	
1:00-1:45 PM	Lap Lane Swim	Rec Swim	1:00-1:45 PM	Lap Lane Swim	
1:45 - 3:00 PM	Lap Lane Swim	Rec Swim	1:45 - 3:00 PM	Lap Lane Swim	
3:00-4:00 PM	Lap Lane Swim	Rec Swim	3:00 - 4:00 PM	Lap Lane Swim	
4:00-5:00 PM	YMCA Progr	amming Only	4:00 -5:00 PM	YMCA Programming C	
5:00-5:30 PM	YMCA Programming Only		5:00-5:30 PM	YMCA Programming	
5:30-6:15 PM	Lap Lane Swim	Rec Swim	5:30-6:15 PM	Lap Lane Swim	YMC
6:15-7:00 PM	Lap Lane Swim	Aqua Wipeout	6:15-7:00 PM	Lap Lane Swim	A
7:00-8:00 PM	Lap Lane Swim	Rec Swim	7:00-8:00 PM	Lap Lane Swim	
TUESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	FRIDAY	Lane 1 Lane 2 Lane 3	Lane 4
5:50-8:30 AM	Lap Lane Swim		5:50-8:30 AM	Lap Lane Swim	
8:30-9:30 AM	Aquacise & Deep End Swim		8:30-9:30 AM	Aquacise & Deep End	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	9:30-10:00 AM	Lap Lane Swim	
10:00-11:00 AM	Closed		10:00-11:00 AM		
11:00-12:00 PM			11:00-12:00 PM	Cic	osed
12:00-1:00 PM	Lap Lane Swim	Rec Swim	12:00-1:00 PM		
1:00-1:45 PM	Lap Lane Swim	Aquacise	1:00-1:45 PM		
1:45-4:00 PM	Lap Lane Swim	Rec Swim	1:45-4:00 PM		
4:00-5:00 PM	YMCA Programming Only		4:00-5:00 PM	Lap Lane Swim	
5:00-5:30 PM	YMCA Programming Only		5:00-5:30 PM		
5:30-6:15 PM	Lap Lane Swim	YMCA Programming	5:30-6:15 PM		
6:15-8:00 PM	Lap Lane Swim	Rec Swim	6:15-8:00 PM		
WEDNESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6	SATURDAY	Lane 1 Lane 2 Lane 3	Lane 4
5:50-8:30 AM	Lap Lar	ne Swim			
8:30-9:30 AM	Aquacise & Deep End Swim		8:00 AM-4:00 PM	Lap Lane Swim	
9:30-10:00 AM	Lap Lane Swim	Rec Swim	0.00 ANI-4.00 PIN	Lap Lane Swim	
10:00-11:00 AM	CLO	SED			
11:00-12:00 PM	CLO	SED			
12:00-1:00 PM			SUNDAY	Lane 1 Lane 2 Lane 3	Lane 4
1:00-1:45 PM	Lap Lane Swim	Rec Swim			
1:45-4:00 PM					
4:00-5:00 PM	YMCA Programming Only		1:00 PM-4:00 PM	Lap Lane Swim	ı
5:00-5:30 PM	YMCA Programming Only				

Youth Group Swim Lessons: Tuesdays and Thursdays 5:00pm to 6:15pm High School/Middle School Swim Team Meets: TBD

SCHEDULED SWIM MEETS (Pool Closes at 4:00 PM): November 3rd, November 10th, November 17th, December 8th, January 12th

Closed **AQUATICS AGE GUIDELINES** Recreational Swim Lap Lane Swim Children 0-5 years old must have a parent/guardian in the water. Summer Camp Kids Swim Children 6-10 years old must have a parent/guardian in the pool area. **NO Lifejackets (any age) in the Deep End** Aqua classes/Deep End Swimming only Children 11 years old who pass the swim test may use the pool if a YMCA programming only parent/guardian is physically at the YMCA. 12 year old facility age Athens-McMinn Family YMCA | 423.745.4904 policy applies to member kids.