

Aquatic Schedule

Current 2023 Winter Hours

	Odifetti 202					
MONDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
5:50-8:30 AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim	Rec Swim				
10:00-11:00 AM	CLO	SED				
11:00-12:00 PM						
12:00-1:00 PM	Lap Lane Swim	Rec Swim				
1:00-4:00 PM	Lap Lane Swim	Rec Swim				
4:00-5:00 PM	Lap Lane Swim	Rec Swim				
5:00-6:00 PM	Lap Lane Swim	Rec Swim				
6:00-7:00 PM	Lap Lane Swim	Rec Swim				
6:00-8:00 PM	Lap Lane Swim	Rec Swim				
TUESDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
5:50-8:30 AM	Lap Lar	Lap Lane Swim				
8:30-9:30 AM	Aquacise & D	eep End Swim				
9:30-10:00 AM	Lap Lane Swim	Rec Swim				
10:00-11:00 AM	CLO	SED				
11:00-12:00 PM	CLO					
12:00-1:00 PM	Lap Lane Swim	Rec Swim				
1:00-4:00 PM	Lap Lane Swim	Rec Swim				
4:00-5:00 PM	Lap Lane Swim	Rec Swim				
5:00-6:00 PM	Lap Lane Swim	Programming				
6:00-7:00 PM	Lap Lane & Rec Swim	Aquacise & Deep End Swim				
7 00 0 00 PM	Lan Lana Curina	Dan Curin				

7:00-8:00 PM	Lap Lane Swim			Rec Swim			
WEDNESDAY	Lane 1	Lane 1 Lane 2 Lane 3			Lane 5	Lane 6	
5:50-8:30 AM	Lap Lane Swim						
8:30-9:30 AM		Aqua	acise & De	eep End :	Swim		
9:30-10:00 AM	Lap Lane Swim Rec Swim					١	
10:00-11:00 AM	CLOSED						
11:00-12:00 PM	CLOSED						
12:00-1:00 PM	Lap	Lap Lane Swim Rec Swim				1	
1:00-4:00 PM	Lap	Lap Lane Swim			Rec Swim		
4:00-5:00 PM	Lap Lane Swim			Rec Swim			
5:00-6:00 PM	Lap	Lap Lane Swim			Rec Swim		
6:00-8:00 PM	Lap Lane Swim Rec Swim				1		

THURSDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	
5:50-8:30 AM	Lap Lane Swim						
8:30-9:30 AM		Aqua	icise & D	eep End (Swim		
9:30-10:00 AM	Lap	Lane Sv	vim		Rec Swim	1	
10:00-11:00 AM			CLO	SED			
11:00-12:00 PM		CLOSED					
12:00-1:00 PM	Lap	Lap Lane Swim Rec Swim				1	
1:00-4:00 PM	Lap	Lap Lane Swim Rec Swim				1	
4:00-5:00 PM	Lap	Lap Lane Swim Rec Swim				1	
5:00-6:00 PM	Lap Lane Swim Programming				ng		
6:00-7:00 PM	Lap Lane & Rec Swim Aquacise & Deep End S			End Swim			
7:00-8:00 PM	Lap Lane Swim Rec Swim				1		

FRIDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6		
5:50-8:30 AM	Lap Lane Swim							
8:30-9:30 AM		Aquacise & Deep End Swim						
9:30-10:00 AM	Lap	Lane Sv	vim		Rec Swim	1		
10:00-11:00 AM			CLO	SED				
11:00-12:00 PM			CLO	SED				
12:00-1:00 PM	Lap	Lap Lane Swim Rec Swim				١		
1:00-4:00 PM	Lap Lane Swim Rec Swim				١			
4:00-5:00 PM	Lap	Lane Sv	vim	Rec Swim				
5:00-6:00 PM	Lap	Lap Lane Swim			Rec Swim			
6:00-7:00 PM	Lap	Lap Lane Swim Rec Swim				١		
7:00-8:00 PM	Lap Lane Swim Rec Swim				1			
SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4 Lane 5 Lane 6				

SATURDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
8:00 AM-4:00 PM	Lap) Lane Sv	vim		Rec Swin	ı

SUNDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
1:00 PM-4:00 PM	Lap	o Lane Sv	vim		Rec Swim	1

Youth Group Swim Lessons: Tuesday & Thursdays: 5:00pm-5:35pm & 5:35pm-6:05pm High School/Middle School Swim Team Meets: January 20th

SCHEDULED SWIM MEETS: (Pool Closes at 5:00 PM)

Programming/Closed (Lanes/pool are closed)
Recreational Swim
Lap Lane Swim ONLY
Summer Camp Kids and Recreational Swim
Lap Lanes and Rec Swim
Swim Team Practice (Lanes/Pool Closed)
Deep End Swimming only

AQUATICS AGE GUIDELINES

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area.

**NO Lifejackets (any age) in the Deep End

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Children 11-12 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.