

Aquatic Schedule

Current Summer 2023 Hours

MONDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:50-8:30 AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim		F	Rec Swin	1	
10:00-11:00 AM	PROGRAMMING					
11:00-12:00 PM	Lap Lane Swim		F	Rec Swin	า	
12:00-1:00 PM	Lap Lane Swim		Camp k	(ids & Re	ec Swim	
1:00-3:00 PM	Lap Lane Swim		Camp k	(ids & Re	c Swim	
3:00-4:00 PM	Swim Team		F	Rec Swin	า	
4:00-6:30 PM	Lap Lane Swim		Pro	ogrammi	ing	
6:30-8:00 PM	S	Swim Team		F	Rec Swin	า
TUESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:50-8:30 AM				ne Swim		
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim		F	Rec Swin	1	
10:00-11:00 AM	PROGRAMMING					
11:00-12:00 PM			Rec Swin	า		
12:00-1:00 PM	Lap Lane Swim		F	Rec Swin	า	
1:00-3:00 PM	Lap Lane Swim		F	Rec Swin	า	
3:00-4:00 PM	Lap Lane Swim		F	Rec Swin	1	
4:00-6:30 PM	**Lar	**Lap Lane Swim**		Pro	ogrammi	ing
6:30-8:00 PM	**Lap	Lane S	wim**	F	Rec Swin	1
VEDNESDAY	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:50-8:30 AM				ne Swim		
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim			Rec Swin	1	
	PROGRAMMING					
10:00-11:00 AM			PROGR			
	Lar	Lane Sv			Rec Swin	1 <u> </u>
10:00-11:00 AM 11:00-12:00 PM 12:00-1:00 PM		Lane So	vim	F	Rec Swin	
11:00-12:00 PM	Lap		vim vim	Camp k		ec Swim
11:00-12:00 PM 12:00-1:00 PM	La _r	Lane S	wim wim	Camp k	(ids & Re	ec Swim
11:00-12:00 PM 12:00-1:00 PM 1:00-3:00 PM	Lar Lar Lar	Lane Sv	wim wim wim	Camp k	(ids & Re (ids & Re	ec Swim ec Swim

er 2023	Hours					
THURSDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
5:50-8:30 AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim	Rec Swim				
10:00-11:00 AM	PROGRAMMING					
11:00-12:00 PM	Lap Lane Swim	Rec Swim				
12:00-1:00 PM	Lap Lane Swim	Rec Swim				
1:00-3:00 PM	Lap Lane Swim	Rec Swim				
3:00-4:00 PM	Swim Team	Rec Swim				
4:00-6:30 PM	Lap Lane Swim	Programming				
6:30-8:00 PM	Swim Team	Rec Swim				
FRIDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
5:50-8:30 AM	Lap Lane Swim					
8:30-9:30 AM	Aquacise & Deep End Swim					
9:30-10:00 AM	Lap Lane Swim	Rec Swim				
10:00-11:00 AM	CLOSED					
11:00-12:00 PM	CLOSED					
12:00-1:00 PM	Lap Lane Swim	Rec Swim				
1:00-3:00 PM	Lap Lane Swim	Rec Swim				
3:00-4:00 PM	Lap Lane Swim	Rec Swim				
4:00-6:30 PM	Lap Lane Swim	Rec Swim				
6:30-8:00 PM	Lap Lane Swim	Rec Swim				
SATURDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
8:00 AM - 12:00 PM	Lap Lane Swim	Rec Swim				
SUNDAY	Lane 1 Lane 2 Lane 3	Lane 4 Lane 5 Lane 6				
	CLOSED O	N SUNDAY				

Youth Group Swim Lessons: Monday-Thursdays: 10:00 am, 10:35 am, 4:30 pm, 5:10 pm, 5:45 pm
Parent/Child Classes: June T/TH at 9:30 am and July T/TH 4:00 pm
Summer Swim Team: M/TH10:00 am, 3:00 pm, 6:45 pm

SCHEDULED SWIM MEETS: (Pool Closes at 6:00 PM) (6/20, 6/27, 7/11, 7/18, 7/25)

Programming (Lanes closed during this time)
Recreational Swim
Lap Lane Swim ONLY
Summer Camp Kids and Recreational Swim
Deep End Swimming only
Swim Team Practice

AQUATICS AGE GUIDELINES

Children 0-5 years old must have a parent/guardian in the water.

Children 6-10 years old must have a parent/guardian in the pool area.
NO Lifejackets (any age) in the Deep End

Children 11-12 years old who pass the swim test may use the pool if a parent/guardian is physically at the YMCA.